Delphine

2017 UK Tour

After a successful, critically acclaimed Edinburgh Fringe run Delphine, a new one woman show, is now booking for its debut tour of the UK.

THE SCOTSMAN ★★★★★
Perhaps inspired by Alan Bennett's monologues, Pointing's writing is funny and true ... a celebration of quiet female defiance.

Actor and writer Clare Rebekah Pointing skilfully brings those fantasies to life, embodying a fragile, funny and relatable character ... The writing is consistent and impressively evocative.

✓ to do list and convincing characters, appearing as a real person with a complete inner life. Clare Pointing's performance is as clever as it is expressive.



The Show

 $\star \star \star \star$

Delphine is a witty and honest piece of new writing theatre whose protagonist Delphine takes centre stage in her very own bedroom. Delphine is a larger than life character; she is funny, frightened, misunderstood and smarter than she thinks she is. We recognise her struggle as she faces crippling self-doubt and fears that seem insurmountable. This show may seem to be about falling in love, but really it's about being brave, facing fears, growing up and taking a step away from the safe and familiar and moving forward towards something new.

Delphine grew up in a single parent family with her mum and brother. We never learn why her dad isn't around, he is never directly mentioned. However, his absence is present and it is clear that Delphine has been left deeply hurt, which has led to her becoming vulnerable and deeply fearful. The possibility of falling in love exists solely in her imagination until one day this is no longer enough. When we meet Delphine she is aged thirty and still living at home with her mum. Her room has become ner sanctuary, her haven, a cocoon that protects her, but also prevents her from emotionally engaging with the world. She is imprisoned by fear and self doubt that seeps into every aspect of her life. When pain arrives it is something "she knows so well," but by finally facing this she is also

set free. Join Delphine in her home, enter her world and "help yourself to a mint!"

About Clare

Clare Rebekah Pointing is a writer and performer. Through her work she aims to explore misunderstood and misjudged characters, seeking to uncover the richness that is so often missed by first impressions, and give those characters a voice. Clare's work is influenced by her own experiences growing up in a single parent household. She is interested in the way we process what happens to us in early life, the effect that has on us and how it is often hidden, or misunderstood. Clare wanted to explore the inner strength that we draw on in difficult situations, how we protect ourselves and when that protection can become a hindrance and no longer useful. Delphine emerged from this work, a surprising heroine with a strong clearly formed voice of her own who wanted to tell her story.

Clare was one of the founding members of The River People theatre company, and performed and created work with the company from 2006 to 2010, touring with their two award-winning shows: *The Ordinaries in An Awkward Silence* and *Lily Through the Dark*. The company won the **Edinburgh International Festival Award** in 2009 and also **Total Theatre's Award** for *Best Emerging Company*. Clare has gone on to perform with Little Angel Theatre, RSC, West Yorkshire Playhouse, Lyric Hammersmith, Tucked In Productions, Dotted Line Productions, and Pins and Needles. She is also keen on cake, old comfy armchairs and big knitted jumpers which often find their way into her work in some form or another.

Touring Information

Available for touring	April 23rd – July 21st, 2017
Stage Configuration	Any
Venues	Studios and small main houses
Audiences	Suited to all audience 12+ (middle finger held up to swear)
Nights	1–5
Get-in	Same day get-in possible, minimum 2 hours
Length	55 Minutes

Technical Information

Cast and crew	One performer and a stage manager	T
Operating the show	Stage manager will operate show	
Sound	Basic PA System	
Lights	Minimum, warm general cover, blue backlight for the whole stage, top down spot for the music stand; ideally some sidelights	r.

The Team



Clare Rebekah Pointing Actor and Writer



Charlotte Bennett Director



Simeon Miller LD & SM

Developing Audiences

We are proud of Delphine's broad appeal across gender and age and the fact that this story has the ability to move, inspire and make people laugh and cry. Many people identify with Delphine's difficulties as they are drawn into her story and celebrate with her as she takes them through her journey step by step. It has been a great privilege to inspire and move people from all walks of life, with simple and direct story telling.

Marketing

We will work closely with the venue to support publicising the show and will provide any information needed for publicity, printed material, social media and website.

Our pre-show publicity will include:

Approaching local press and media. Distributing flyers to promote the show as permissible. Approaching local radio and being available for interview if required.

Maintaining a strong social media presence targeting the local area.

Inviting any local contacts including press. Approaching local organisations and groups that may be interested in a group booking or post show talks.

Contact local schools, universities and colleges with particular focus on GCSE and A-level drama/performing arts students.

Video

Click to watch Delphine trailer.

Education

Post show Q&A available. Also an introduction to writing your first one person show workshop for adults/young adults – half a day.

Photo Credits: Rosie Collins

Audience Response

We really value what our audience have to say after the show. Here are some comments via twitter from people who have seen the show so far.

- Annie McKenzie @Annie_Mck @ClareRebekah #Delphine was just utterly glorious. You know that thing when you start crying and then you can't stop crying? Yeah, that
- Andrew Lambe @andrewmlambe Just seen #Delphine with @ClareRebekah UNIQUE, BEAUTIFUL & FUNNY! #edfringe2016
- **Sophie @socialoph** @ClareRebekah #Delphine you blew us away. Genuine laughter and tears. You moved us. #exceptional thank you x
- **Tom Machell @tommach** #delphine @ThePleasance was exceptional. Incredible performance by @ClareRebekah Go! Go! Go! #edfringe
- Alice Offle @aliceoffley #Delphine I ♥ U! @edfringe @ClareRebekah I'm wearing ur cool badge! U made me laugh & cry ... Soo moving & lovely #life
- Adeline Amar @WeeAdeline #edfringe show no. 15: #Delphine @ThePleasance and it's brilliant. Go see!
- **Ben Luke @bengluke** @ClareRebekah's #Delphine is an absolute treat. Smartly written, funny and brilliantly performed. It deserves a bigger audience. Go go go!
- Matt Saint @MattTSaint Really enjoyed Clare Pointing's #Delphine @ThePleasance today – beautifully written & performed. Also got a cool bookmark! #MintImperials
- **PropUp @PropUpTheatre** @ClareRebekah Delphine truly warmed my cockles. Whatever they are. It made my toes curl and my heart bounce. Thank you. #delphine #edfringe
- **Big Noise Festival @thebignoisefest** @ClareRebekah Fantastic show today. Loved #Delphine Recommended. 2:15pm, Pleasance This, Edinburgh Fringe
- **Tomas Gisby @tomasgisby** #Delphine by @ClareRebekah is a real treat fantastic writing and brilliant storytelling @edfringe
- Isobel McArthur @isobel_mcarthur That was lovely @ClareRebekah ... Tell #Delphine that I'll marry her. If she's up for it. (Sorry for over-loud crying/laughing on front row)
- **Blackisthecolor @apphiacampbell** @ClareRebekah #funny #adorable #beautiful show #delphine @ThePleasance @edfringe #feministfest @youngwomenscot #love